

Exercise – No Leisure Time Physical Activity

		2007			
		n	weighted %	N	95% CI
Gender					
	Male	254	20%	1,139	16.4 - 23.5
	Female	308	20%	1,406	17.3 - 23.5
	Total	562	20%	2,545	17.7 - 22.4
Race					
	Alaska Native (any mention)	178	26%	574	20.6 - 32.2
	Non-Alaska Native	383	19%	1,960	16.3 - 21.5
Age					
	18-24	30	12%	169	7.8 - 19.3
	25-34	70	14%	424	9.6 - 18.9
	35-44	105	17%	535	13.0 - 22.5
	45-54	119	24%	617	18.5 - 29.9
	55-64	118	23%	442	17.8 - 29.4
	65 or older	114	35%	331	28.0 - 43.3
Education					
	Did not graduate High School	74	DSU	207	
	Graduated High School	213	25%	774	21.0 - 30.0
	Attended College or Technical School	175	22%	738	17.5 - 27.0
	Graduated from College	100	11%	819	8.3 - 15.1
Income					
	Less than \$15K	70	DSU	222	
	\$15,000-24,999	90	36%	250	26.3 - 46.0
	\$25,000-34,999	53	24%	234	16.9 - 31.9
	\$35,000-49,999	66	17%	353	12.0 - 23.4
	\$50,000-74,999	85	15%	455	11.4 - 19.4
	\$75K+	111	13%	738	10.0 - 17.0
Region					
	Anchorage and Vicinity	89	18%	510	14.3 - 22.3
	Gulf Coast	117	21%	514	17.1 - 25.4
	Southeast	99	18%	501	14.3 - 21.7
	Rural	154	30%	509	25.1 - 35.0
	Fairbanks and Vicinity	103	22%	511	17.9 - 26.4

n = Number of respondents who report no leisure time physical activity or exercise.

% = This is a weighted (adjusted) percentage of the state population (adult) at risk in this demographic subgroup, based on the survey data.

N = Total number of respondents in this subgroup.

95% CI = 95% Confidence Interval; the range of values within which the true value of a prevalence estimate would be expected to fall within, 95% of the time.

DSU = Data Statistically Unreliable